

# HORARIOS Y PRECIOS ACTIVIDADES SOCIOCULTURALES Y DEPORTIVAS 2017 - 2018



| ACTIVIDAD   | TIPO   | DÍAS          | HORARIO                    | AFORO ALUMNOS   |          | EDAD   | INSTALACIÓN     | MESES     | SESIÓN US. SEMANA | CUOTA TRIMESTRAL |
|---|--------|---------------|----------------------------|---|----------|--------|-----------------|-----------|-------------------|------------------|
|   |        |               |                            | MÁXIMO  | MÍNIMO   |        |                 |           |                   |                  |
| GIMNASIO MUSCULACIÓN  | LIBRE  | MAR. a VIER.  | 10:30-13:30<br>17:00-20:30 | NOTA: PRECIOS GIMNASIO<br>UNA SESIÓN:..... 3€<br>BONO 10 SESIONES:  |          |        | GIMNASIO        |           | LIBRE             | 46,00 €          |
|   |        | SÁBADO        | 10:30-14:00<br>17:00-20:00 |   |          |        |                 |           |                   |                  |
|   |        | DOMINGO       | 10:30-14:00                |   |          |        |                 |           |                   |                  |
| GIMNASIA MANTENIMIENTO  | CLASES | MIE. Y VIE    | 18:00-19:00                | 20  | 15       |        | TATAMI          | OCT-JUN   | 2                 | 52,00 €          |
|   |        | SAB. Y DOM.   | 11:00-14:00                |   |          |        | SALA DE BAILES  |           |                   |                  |
| PILATES INTERM.   | CLASES | MIE. Y VIE.   | 19:00 -20:00               | 18  | 15       |        | TATAMI          | OCT.-JUN. | 2                 | 65,00 €          |
| PILATES INICIAC.  | CLASES | MIE. Y VIE.   | 20:00-21:00                | 18  | 15       |        | TATAMI          | OCT-JUN   | 2                 | 65,00 €          |
| PILATES INICIAC.  | CLASES | MAR Y JUE     | 12:15- 13:15               | 18  | 15       |        | TATAMI          | OCT-JUN   | 2                 | 65,00 €          |
| PILATES INTERM.   | CLASES | MAR.Y JUE.    | 18:00 - 19:00              | 18  | 15       |        | SALA DE BAILES  | OCT.-JUN. | 2                 | 65,00 €          |
| PILATES INTERM.   | CLASES | MAR.Y JUE.    | 18:30-19:30                | 18  | 15       |        | TATAMI          | OCT-JUN   | 2                 | 65,00 €          |
| PILATES INTERM.   | CLASES | MAR.Y JUE.    | 11:15-12:15                | 18  | 15       |        | TATAMI          | OCT-JUN   | 2                 | 65,00 €          |
| PILATES AVANZ.  | CLASES | MAR. Y JUE.   | 19:30-20:30                | 18  | 15       |        | TATAMI          | OCT-JUN   | 2                 | 65,00 €          |
| AEROBIC   | CLASES | MAR, MIE, JUE | 10:15-11:15                | 25  | 15       |        | SALA DE BAILES  | OCT-JUN   | 3                 | 71,00 €          |
| ZUMBA   | CLASES | VIERNES       | 17:00 - 19:00              | 22  | 12       |        | GIM. ANTIG BAIL | OCT-JUN   | 1                 | 41,00 €          |
| <b>BONO 5 SESIONES .....25,00€ (Válido solo para el trimestre natural en curso)</b> |        |               |                            |   |          |        |                 |           |                   |                  |
| SPINNING  | CLASES | SAB. Y DOM.   | 10:00 - 15:00              | 16  | 10       |        | SALA SPINNING   | OCT-JUN   | 2                 | 83,00 €          |
|   |        | MAR. Y JUE.   | 18:00 - 20:00              |   |          |        |                 |           |                   |                  |
| YOGA  | CLASES | MAR. Y JUE.   | 17:30 - 18:30              | 25  | 15       |        | TATAMI          | OCT-JUN   | 2                 | 50,00 €          |
| YAWARA - JITSU (Defensa Personal)   | CLASES | SAB. Y DOM.   | 16:30 - 19:30              | 25  | 12       | 5 AÑOS | TATAMI          | OCT-JUN   | 2                 | 79,00 €          |
| JUDO  | CLASES | SAB. Y DOM    | 10:00 - 14:00              | 20  | 12       | 4 AÑOS | TATAMI          | OCT-JUN   | 2                 | 52,00 €          |
| AQUAGYM   | CLASES | MAR y JUE     | 11:00-13:00                | 18  | 10       |        | PISCINA         | OCT-JUN   | COBRO TRIMESTRAL  |                  |
|   |        |               |                            |   |          |        |                 |           | 2                 | 87,00 €          |
| NATACION  | CLASES | MAR. a VIER.  | 10:00-14:00                | 12  | 6        | 4 AÑOS | PISCINA         | OCT-JUN.  | COBRO TRIMESTRAL  |                  |
|   |        |               | 16:00-21:00                |   |          |        |                 |           | 1                 | 60,00 €          |
|   |        | SABADO        | 10:00-14:00                | 2   | 87,00 €  |        |                 |           |                   |                  |
|   |        | DOMINGO       |                            | 3   | 105,00 € |        |                 |           |                   |                  |
| <b>COBRO TRIMESTRAL</b>   |        |               |                            |   |          |        |                 |           |                   |                  |
| BAILES SALÓN  | CLASES | MARTES        | 20:00 a 21:00              | 22  | 12       |        | SALA DE BAILES  | OCT-JUN   | 1                 | 41,00 €          |
|   |        | MIÉRCOLES     | 19:00 a 20:00              | 22  | 12       |        | SALA DE BAILES  | OCT-JUN   | 1                 | 41,00 €          |
|   |        | JUEVES        | 19:00 - 21:00              | 22  | 12       |        | SALA DE BAILES  | OCT-JUN   | 1                 | 41,00 €          |
|   |        | VIERNES       | 18:00 - 22:00              |   |          |        |                 |           |                   |                  |
| RUEDA CUBANA  | CLASES | MIÉRCOLES     | 20:00 a 21:00              | 22  | 12       |        | SALA DE BAILES  | OCT-JUN   | 1                 | 41,00 €          |
|   |        | JUEVES        | 21:00 - 22:00              | 22  | 12       |        | SALA DE BAILES  | OCT-JUN   | 1                 | 41,00 €          |
| SEVILLANAS  | CLASES | MARTES        | 19:00 a 20:00              | 22  | 12       |        | SALA DE BAILES  | OCT-JUN   | 1                 | 44,00 €          |
|   |        | VIERNES       | 19:00 - 21:00              | 22  | 12       |        | GIM. ANTIG BAIL | OCT-JUN   | 1                 | 44,00 €          |
| SEVILLANAS INIC.  | CLASES | JUEVES        | 17:00- 18:01               | 22  | 12       |        | SALA DE BAILES  | OCT-JUN   | 1                 | 44,00 €          |
| FLAMENCO  | CLASES | VIERNES       | 19:00 a 20:00              | 22  | 12       |        | GIM. ANTIG BAIL | OCT-JUN   | 1                 | 44,00 €          |
| OFICINA   |        | MAR a VIER    | 16:00 - 20:00              | INFORMACIÓN LLAMAR AL <b>689 384 466 ó 913930208</b><br>O MEDIANTE CORREO ELECTRÓNICO A :<br><a href="mailto:sanher.piscinadehesa@terra.com">sanher.piscinadehesa@terra.com</a> |          |        |                 |           |                   |                  |
|   |        | SÁBADO y      | 10:00 -14:00               |   |          |        |                 |           |                   |                  |
|   |        | DOMINGO       |                            |   |          |        |                 |           |                   |                  |

AUTORIZA DIRECTOR.

Fdo José Luis Betolaza Méndez